

MAYOR PEREZ AND CITY OF HARTFORD SPONSOR BLOOD DRIVE

On Monday, December 5th Mayor Eddie A. Perez and the City of Hartford will sponsor a blood drive in conjunction with the American Red Cross. Please consider donating "the gift of life" on this day between 9:00 a.m. and 1:45 p.m. on the 5th floor of the "Gold Building", located at One Financial Plaza in Downtown Hartford. Parking will be validated.

We would like to reach our goal of 50 donors for the day--- that means we need two people to give blood every 15 minutes. The American Red Cross says blood supplies are extremely low in Connecticut right now. Hartford has diverse communities and all blood types are needed.

If you would like to donate blood, please email Barbara Crockett (crocb001@hartford.gov) and she will give you a time slot. You need to allow yourself one hour to one hour and 15 minutes for the entire process. Please bring identification and remember to drink plenty of fluids both before and after you give blood.

Donating blood is easier than you think. If you would like more information about the process you can contact the American Red Cross at 1-800-GIVE-LIFE. You can also take this opportunity to ask any medical questions.

If you are unable to donate blood, but would still like to be involved, you can donate baked goods, snacks, or water for the day. Once again, just contact Barbara. This contribution would benefit your fellow city employees after they have had blood drawn.

Mayor Perez says, "Hartford is known as the City of Hope. This is just one way you can provide hope to Hartford families in need this Holiday Season."